## TASTE BUD TEASERS\*\*\*

Make your appy a meal and add your choice of croquette potato or rice with seasonal veggies and a house salad for just \$9.00. Or add fries or house salad or soup of the day for \$5.00

#### **CALAMARI** \$22.99

LIGHTLY BREADED AND FRIED, SERVED WITH OUR GARLICKY TZIKI

#### **OYSTERS** \$17.99

4 PAN-FRIED OYSTERS YOUR CHOICE OF REGULAR OR CAJUN, SERVED WITH COCKTAIL SAUCE

#### **OYSTERS NEPTUNE** \$23.99

4 OYSTERS BAKED WITH SHRIMP AND BERNAISE

#### **OYSTERS ROCK-A-FELLER** \$18.99

4 PLUMP OYSTERS NESTLED IN A BED OF CREAMY SPINACH AND SAMBUCA, TOPPED WITH BEARNAISE AND BAKED TO A GOLDEN BROWN.

#### **POPCORN SHRIMP** \$15.99

REGULAR OR CAJUN, SERVED WITH SEAFOOD SAUCE

#### **WONDER WINGS** \$19.99

12 WINGS SERVED HOT, TERIYAKI OR HONEY GARLIC

## **BUCKETS** CLAMS \$25.99 MUSSELS \$22.99 COMBO \$23.99

ADD RICE \$2.99

DRIZZLED WITH GARLIC BUTTER AND ACCOMPANIED BY GRILLED BAGUETTES

**PITA & TZIKI** \$10.50

**ONION RINGS** \$12.99

#### **YAM FRIES** \$11.99

SERVED WITH HOME-MADE CHIPOTLE AIOLI

#### **FRIES** \$8.50

**CUT IN HOUSE** 

#### **BANG BANG PRAWNS** \$16.50

6 PANKO COATED PRAWNS DRIZZLED IN A SWEET AND SPICY BANG BANG SAUCE AND TOPPED WITH GREEN ONIONS

#### CHEESY PRAWNS \$16.99

8 PRAWNS BAKED WITH CHEDDAR, MOZZA AND FETA, SERVED WITH GRILLED

#### **SEAFOOD CAPS** \$18.99

6 MUSHROOM CAPS STUFFED WITH SHRIMP, CRAB CREAM CHEESE AND SPECIAL SEASONING AND SERVED WITH GRILLED PITA

#### **SPINACH & ARTICHOKE DIP** \$17.99

CHEEZY, CREAMY AND SERVED WITH PITA BREAD

#### **GARLICKY PRAWNS** \$15.50

8 SIMPLY PAN-FRIED PRAWNS IN GARLIC BUTTER SERVED WITH BAGUETTES

#### **2 FISH TACOS** \$17.99

CHOOSE EITHER BATTERED OR GRILLED LING COD, SHREDDED CABBAGE, SPICY TARTAR, SOUR CREAM & PICO DE GALLO

## "FRESH SALADS, SOUPS & CHOWDER"

All salads are **served with pita** & TZIKI. Choice of dressings: our **famous house dressing** (**creamy garlic dill**), in-house made **balsamic** vinaigrette, ranch, blue cheese, sesame vinaigrette or classic Italian.

### **CLAM BUCKET CREAMY CLAM CHOWDER**

SMALL BOWL \$9.50 LARGE BOWL \$11.50 SERVED WITH GRILLED BAGUETTES

## **SOUP OF THE DAY**

SMALL BOWL \$7.50 LARGE BOWL \$9.50

### **HOUSE MEDLEY**

STARTER \$10.99 **FULL ORDER \$14.99** BABY GREENS TOPPED WITH TOMATOES & CUKES. SERVED WITH YOUR CHOICE OF DRESSING

### **PSYCHO CAESAR**

STARTER \$13.99 FULL ORDER \$17.99 FRESH CRISP ROMAINE, HOMEMADE CROUTONS, PARMESAN CHEESE AND OUR VERY GARLICKY HOMEMADE DRESSING (NO KISSES FOR YOU!)

## 1/2 ORDER OF CALAMARI & CAESAR COMBO \$22.99

DOES NOT COME WITH PITA

## **SHRIMP CLUB SALAD \$24.99**

BABY GREENS, TOMATO, CUCUMBER, CRISP CHOPPED BACON, BABY SHRIMP AND CHEDDAR CHEESE. SERVED WITH HOUSE DRESSING

### **WEAGLE SALAD \$24.99**

BABY GREENS, TOMATOES, CUKES, TOPPED WITH A GRILLED CHICKEN BREAST BAKED WITH BALSAMIC AND FETA. WITH OUR BALSAMIC VINAIGRETTE

### **PRAWN AND FETA SALAD \$24.99**

BABY GREENS, TOMATOES, CUKES, TOPPED WITH GARLICKY PRAWNS AND LOTSA FETA. DRIZZLED WITH BALSAMIC VINAIGRETTE

## **QUINOA SALAD \$21.99**

BABY GREENS, QUINOA, CHIC PEAS, CUCUMBER, TOMATOES, DICED RED ONIONS, CASHEWS, TOPPED WITH FETA & DRIZZLED WITH SESAME VINAIGRETTE

# "FREDDY'S FABULOUS FISH 'N' CHIPS"

Cooked in a tempura beer batter, served with our home cut fries and a side of coleslaw.

**1 PIECE LING COD** \$17.99 **1 PIECE HALIBUT** \$22.99 **CHICKEN TOES** \$15.50

**2 PIECE LING COD** \$22.99 **2 PIECE HALIBUT** \$34.99

**3 PIECE LING COD** \$27.99 **3 PIECE HALIBUT** \$44.99

8 BATTERED PRAWNS & CHIPS \$21.99

SERVED WITH BBQ, PLUM OR HONEY MUSTARD SAUCE

## PASTAS \*\*\*

Pastas are served with garlic cheese toast

## **MARCO POLOS GALLEY \$33.99**

A PERFECT COMBINATION OF PRAWNS, SMOKED SALMON, BABY SHRIMP AND MUSSELS ALL TOSSED TOGETHER IN A CREAMY ALFREDO SAUCE

# A CLASSIC SERVED WITH CHEESE TOAST

**FETTUCCINE ALFREDO** \$22.99

### **MEDITERRANEAN PASTA \$28.99**

FETTUCCINI NOODLES SIMMERED IN A SPINACH PESTO CREAM SAUCE WITH TOMATOES, ARTICHOKE HEARTS, FRESH SPINACH, FETA CHEESE, TOPPED WITH TZIKI AND SERVED WITH PITA BREAD.

## "LONGSHOREMAN'S SANDWICHES & WRAPS"

Longshoreman sandwiches & wraps are all served with your choice of bottomless fresh cut fries or house greens or soup of the day. Choose between white, brown or sourdough bread. You can also wrap up any sandwich in a white or brown tortilla.

Substitute onion rings, caesar salad, vam fries or clam chowder for \$3.00. Gluten free bread available for an additional \$2.50

#### **CLUBHOUSE** \$18.50

TRIPLE DECKER, ROASTED CHICKEN BREAST, BACON, CHEDDAR, TOMATOES, LETTUCE & ROASTED GARLIC MAYO...OR **EXCHANGE** YOUR **CHICKEN FOR SHRIMP** FOR **ONLY \$2 EXTRA** 

#### **BAKED MURPHY WRAP** \$19.99

GRILLED CHICKEN BREAST, SPINACH, TOMATOES, FETA, ONIONS AND TZIKI ALL WRAPPED UP IN A TORTILLA AND BAKED IN THE OVEN

#### **CHICKEN CAESAR WRAP** \$18.99

GRILLED CHICKEN, CRISPY ROMAINE LETTUCE, PARMESAN CHEESE, BACON AND IN-HOUSE MADE CAESAR DRESSING

#### **VEGGIE SANDWICH** \$16.50

SPINACH, TOMATO, CUCUMBER, RED ONION, GUACAMOLE AND GARLIC MAYO

#### **MEXICAN QUINOA WRAP** \$17.50

QUINOA, RED ONIONS, TOMATOES, CORN AND BLACK BEANS SAUTÉED WITH CAJUN SPICE AND WRAPPED UP WITH GUACAMOLE (VEGAN FRIENDLY)

#### **STEAK SANDWICH** \$23.99

60Z MARINATED SIRLOIN SERVED ATOP GARLIC TOAST TOPPED WITH ONION RINGS

#### **CHICKEN GYRO** \$18.99

GRILLED PITA STUFFED WITH TZIKI, LETTUCE, TOMATO, AND GRILLED CHICKEN DRIZZLED WITH THAI CHILI SAUCE

## \*\*\*BURGERS, BURGERS & MORE BURGERS\*\*\*

Our beef burgers are 100% all beef gluten free no fillers. All burgers are served on a toasted brioche bun and come with your choice of home-cut fries or house medley salad or soup of the day. Substitute for yam fries, onion rings, clam chowder or caesar salad for \$2.00. Gluten free buns are available for an additional \$2.50

#### **THE ORIGINAL** \$18.50

FIRE GRILLED PATTY, TOPPED WITH CHEDDAR, SERVED WITH MUSTARD, CHIPOTLE MAYO, LETTUCE, TOMATO, ONION AND PICKLES

#### **CLASSIC ARTERY BUSTER \$29.99**

TWO ALL BEEF BURGERS, SAUTÉED MUSHROOMS, ONION RINGS, BACON, DOUBLE CHEDDAR & A WIENER TOPPED WITH MUSTARD, CHIPOTLE MAYO, LETTUCE, TOMATO, ONIONS AND PICKLES. UNHINGE YOUR JAW AND GET READY FOR THIS BIG BOY!

#### **BIG CRUNCH BURGER** \$20.99

PANKO COATED CHICKEN BREAST, CHEDDAR CHEESE, LETTUCE, TOMATO, RED ONION & ROASTED GARLIC MAYO. SPICE THINGS UP AND MAKE IT BUFFALO

#### **CHICKEN CLUB BURGER** \$20.99

GRILLED CHICKEN BREAST, LETTUCE, TOMATO, RED ONION, ROASTED GARLIC MAYO, CHEDDAR & BACON

### **TERIYAKI CHICKEN BURGER** \$19.99

GRILLED TERIYAKI CHICKEN BREASTTOPPED WITH MOZZA, GRILLED PINEAPPLE, LETTUCE, TOMATO, RED ONION AND GARLIC MAYO

#### **ZEN BURGER** \$20.99

GRILLED CHICKEN BREAST BAKED WITH BALSAMIC AND FETA. SERVED WITH TZIKI, SPINACH, TOMATOES, & RED ONIONS

**PO BOY BURGER** OYSTERS \$22.50 PRAWN \$20.50 YOUR CHOICE OF CRISPY BATTERED OYSTERS OR PRAWNS, SERVED ON A TOASTED BUN WITH COLESLAW, TOMATO, SPICY TARTAR & HOT SAUCE

#### **CHICKEN CAESAR BURGER** \$20.99

GRILLED CHICKEN BREAST, WITH BACON, PARMESAN, MOZZA, CAESAR DRESSING, LETTUCE, TOMATO, RED ONION AND GARLIC MAYO

#### **FISHERMAN'S FIB BURGERS**

COD BURGER \$19.99 SALMON BURGER \$26.99 HALIBUT BURGER \$29.99 OYSTER BURGER \$22.50

YOUR CHOICE OF **GRILLED** OR **BATTERED**. SERVED WITH LETTUCE, RED ONION, TOMATO & TARTAR

## "KING NEPTUNE PRESENTS"

All entrees are served with your choice of lemon infused basmati rice or croquette potatoes, seasonal veg, and a house medley with your choice of dressing.

### **CHICKEN MEETS THE SEA** \$35.99

TWO GRILLED CHICKEN BREASTS TOPPED WITH SHRIMP AND BEARNAISE

### **CHEST OF CHICKEN** \$29.99

FIRE GRILLED, FULL CHEST OF CHICKEN GLAZED IN TERIYAKI, BBQ OR THAI SAUCE

### **CHICKEN SPANAKOPITA** \$33.99

TWO GRILLED CHICKEN BREASTS SIMMERED IN A CREAMY SPINACH SAUCE AND BAKED WITH FETA

## **SMOTHERED CHICKEN & PRAWNS** \$35.99

A GRILLED CHICKEN BREAST SIMMERED WITH HALF A DOZEN PRAWNS IN CREAMY SPINACH &CAPER SAUCE

### **PRAWN DINNER** \$33.99

A DOZEN PRAWNS SIMMERED IN A CREAMY SPINACH PESTO SAUCE

## PANKO COD DINNER \$33.99

2 PIECES OF PANKO COATED PAN FRIED COD WITH LEMON CAPER ROASTED GARLIC AIOLI

### **80Z NY STEAK DINNER** \$45.99

IN HOUSE CUT & GRILLED TO YOUR LIKING AND TOPPED WITH CRISPY FRIED ONIONS...OR **MAKE IT NEPTUNE** WITH **SHRIMP & BEARNAISE** FOR **\$6 MORE** 

### **HALIBUT DINNER** \$46.99

PACIFIC HALIBUT FIRE GRILLED WITH LEMON CAPER ROASTED GARLIC AIOLI

HALIBUT NEPTUNE WITH SHRIMP & BEARNAISE \$51.99
BAKED TO A GOLDEN BROWN

### **HALIBUT FLORENTINE** \$48.99

PAN FRIED IN SPINACH CAPER CREAM SAUCE

## OYSTERS NEPTUNE WITH SHRIMP AND BEARNAISE \$46.99

6 BAKED TO A GOLDEN BROWN

## **OYSTER ROCK-A-FELLER** \$44.99

6 PAN FRIED, CREAMY SPINACH & SAMBUCA MIXTURE TOPPED WITH BEARNAISE AND BAKED TO A GOLDEN BROWN

## **OYSTER DINNER** \$41.99

 ${\bf 6}$  BIG Oysters pan fried to a golden brown. Regular or Cajun Style

### **SALMON** \$39.99

A PACIFIC SOCKEYE SALMON FILLET, FIRE GRILLED, CHOOSE FROM CAJUN OR REGULAR...SERVED WITH LEMON CAPER ROASTED GARLIC AIOLI

# **SALMON NEPTUNE WITH SHRIMP & BEARNAISE** \$44.99 BAKED TO A GOLDEN BROWN

## **PLATTER FOR ONE** \$59.99

PICK 3 OF THE FOLLOWING AND CREATE YOUR OWN SEAFOOD FEAST...PRAWNS, OYSTERS, COD (BATTERED OR GRILLED), GRILLED SALMON, MUSSELS, CLAMS OR CALAMARI

### **SEAFOOD PLATTER FOR TWO** \$124.99

OUR PLATTER INCLUDES; FIRE GRILLED SALMON, HALIBUT, PRAWNS, OYSTERS, CLAMS, MUSSELS, CALAMARI. SERVED WITH VEGGIES, RICE, CROQUETTE POTATOES, TZIKI AND COCKTAIL SAUCE

## HOUSE WINE

 HOUSE RED
 6oz
 \$6.75
 9oz
 \$9.75

 HOUSE WHITE
 6oz
 \$6.75
 9oz
 \$9.75

## ON TAP

TWIN CITY – TICKITY BOO (16oz) \$5.75 RED ARROW – LAKE TOWN LAGER (16oz) \$5.75

## BOTTLED

<b>BOTTLED BEER</b> (355 <sub>mls</sub> )	\$5.75
MIDNITE UMBER ALE (355mls)	\$6.50
<b>IMPORTED BOTTLES</b> (330 <sub>mls</sub> )	\$6.50
GLADSTONE IPA (473mls)	\$7.75
SMIRNOFF ICE & CIDERS (355mls)	\$6.50
STRONGBOW (440mls)	\$7.50

## BASICS

HIGHBALLS (1oz)	\$6.00
EXTRA SHOT (1oz)	\$3.00
PREMIUM HIGH BALLS (1oz)	\$6.75
PREMIUM EXTRA SHOT (107)	\$3.50

## **BLENDER BLITZ**

**PEACH BELLINI** (2oz)

CHI CHI (1oz)	\$7.50
<b>PINA COLADA (1</b> oz) <i>RUM, CREAM, PINEAPPLE JUICE, COCONUT SYRUP, WHIPPING CREAM</i>	\$7.50
<b>DAIQUIRI (1</b> 0z <b>)</b> <i>RUM, STRAWBERRIES, LIME, SUGARED RIM</i>	\$7.50
DARK RUM, PEACH SCHNAPPS, PEACH PUREE, SANGRIA	

\$9.50

VODKA, CREAM, PINEAPPLE JUICE, COCONUT SYRUP, WHIPPING CREAM

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PARALYZER (1.5oz) VODKA, KAHLUA, PEPSI, TOPPED OFF WITH MILK	\$7.50
MARGARITA (1.5oz) TEQUILLA, TRIPLE SEC, LIME JUICE, SALTED RIM, SERVED ON THE R	<b>\$7.50</b> OCKS
LONG ISLAND ICED TEA (1oz) LONG ISLAND, PEPSI, TOPPED WITH LIME JUICE	\$6.75
<b>CREAMSICLE (1</b> 0z <b>)</b> TRIPLE SEC, CREAM DE CACAO, CREAM, ORANGE JUICE	\$7.25
CAESAR (1oz) VODKA, WORCESTERSHIRE, TABASCO, CLAMATO JUICE, CELERY SALTED	\$7.25 PRIM
MOSCOW MULE (2oz) VODKA, MUDDLED LIME, SPICY GINGER BEER	\$10.00
WHISKEY SOUR (2oz) BOURBON, LEMON JUICE, SIMPLE SYRUP, LEMON WEDGE	\$10.00
PHAT RASPBERRY (2oz) VODKA, RASPBERRY SOUR, SODA, LEMON JUICE, SIMPLE SYRUP, F	\$9.75 FRESH MINT
MOJITO (1oz) RUM, MUDDLED MINT & LIME, SODA, SIMPLE SYRUP	\$7.25
<b>OLD FASHIONED (2</b> oz <b>)</b> BOURBON, BITTERS, CLUB SODA, SUGAR, ORANGE SLICE	\$10.00
DARK & STORMY (2oz) DARK RUM, GINGER BEER, LIME WEDGE	\$10.00
FISH BOWL (3oz) VODKA, BLUE CURACO, MALIBU, 7UP, PINEAPPLE JUICE, LIME JUICE & I	\$13.00 FISH
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## TOFINO DISTILLERY SPIRITS

OLD GROWTH CEDAR GIN (1oz) \$7.00
CEDAR INFUSED GIN, TONIC & LIME

JALAPEÑO CAESAR (1oz) \$8.00

A CLASSIC MADE WITH JALAPEÑO INFUSED VODKA

## MARTINIS (20Z)

LONG BEACH (2oz)

THE CLASSIC MARTINI (2oz) VODKA, DRY VERMOUTH, OLIVE (WANT IT DIRTY? ADD ATOUCH OF OLIV	\$10.00 (E JUICE)
CARAMEL APPLE (2oz) VODKA, APPLE SOURPUSS, BUTTERSCOTCH SCHNAPPS, CRANBERRY	<b>\$10.00</b> <i>TJUICE</i>
LEMON DROP (2oz) VODKA, COINTREAU, LEMON JUICE	\$10.00
SHIP FACED (2oz) VODKA, RASPBERRY SOURPUSS, CRANBERRY JUICE	\$10.00

\$10.00

RASPBERRY SOURPUSS, VODKA, BLUE CURACO, LEMONADE

## DRINK SPECIALS

MONDAYS	MOSCOW MULE (2oz)	\$8.00
TUESDAYS	<b>BOTTLE BEER</b> (355mls)	\$4.00
	IMPORTS (330mls)	\$5.00
WEDNESDAYS	WINE WEDNESDAY (6oz)	\$4.50
THURSDAYS	DRAFT BEERS (16oz)	\$4.75
FRIDAYS	HIGHBALLS (1oz)	\$4.50
	PREMIUM (1oz)	\$5.50
SATURDAYS	PHAT RASPBERRY (2oz)	\$7.00
SUNDAYS	SINGLE CAESAR (1oz)	\$6.25
	<b>DOUBLE CAESAR</b> (2oz)	\$8.00

## **SWEET TREATS**

<b>B-52 (1</b> 0z) BAILEYS, KAHLUA, GRAND MARNIER, COFFEE & WHIPPING CREAM	\$7.50
IRISH COFFEE (1oz) KAHLUA, IRISH WHISKEY, COFFEE & WHIPPED CREAM	\$7.50
BAVARIAN COFFEE (1oz) KAHLUA, PEPPERMINT SCHNAPPS, COFFEE & WHIPPED CREAM	\$7.50
SNOW CAP (1oz) FRANGELICO, VANILLA VODKA, COFFEE AND WHIPPING CREAM	\$7.50
HOT NUTS (1oz) AMARETTO, FRANGELICO, HOT CHOCOLATE AND WHIPPING CREAM	\$7.50

## **DESSERTS**

NEW YORK STYLE CHEESECAKE	\$9.50
TOPPED WITH STRAWRERRIES AND WHIPPED CREAM	

**CHOCOLATE PEANUT BUTTER CRUNCH CAKE** \$9.50
SERVED WARM WITH WHIPPING CREAM AND CHOCOLATE SAUCE

(TAXES NOT INCLUDED)